

Financial Incentive Visiting Candidate Programm - Report

Buenos Aires and Cologne, April 8th 2024

Name: Patricia Pérez Prat

Home Institute: Psychoanalytische Arbeitsgemeinschaft Köln-Düsseldorf e.V. –
Institute of the German Psychoanalytical Association (DPV).

VCP-Institute: Instituto de Psicoanálisis “Ángel Garma” of the Asociación Psicoanalítica
Argentina (APA) in Buenos Aires, Argentina

Dates of VCP: From March 18th, 2024 until April 5th, 2024

Coordinating Candidates at APA: Romina Rossi and Paula Cerutti

List of Activities visited:

1. Introduction and tour of the APA Library, by APA Librarian Diego Bacarat
2. Clinical Supervision with Dra. María Elena Moreno, APA training analyst
3. Clinical Supervision with Dr. Adrián Grinson, APA training analyst
4. Weekly Meeting of the Candidates Organisation (“Claustro de Candidatos”)
5. Seminars (see list below)

List of Seminars visited:

Seminar Title	Lecturers	Time
„Concepciones Fundamentales de W. R. Bion, la actualidad de su pensamiento en constante interacción con la clínica“	Prof.: Dra. Hilda Catz Colab.: Lic. Beatriz Inés Mónaco Dr. Ricardo Juan Rey	Monday 11:00 – 12:30
“Los aportes de Donald Winnicott. Parte I. Hay “individuos sanos” en la cultura actual?”	Prof.: Lic. Adela V. Siebzeher Colab.: Dr. Guido M. Arrigazzi Lic. Miriam Adriana Santibáñez	Monday 13:00 – 15:30
“El análisis de la transferencia en el trabajo con pacientes borderline (dificultades contratransferenciales)”	Prof.: Dr. Dario Arce Colab.: Lic. Margarita Artusi	Tuesday 18:00 – 19:00
“Recorrido teórico técnico que se deriva de la lectura de tres textos de Freud; Proyecto de una psicología para neurólogos, pulsiones y destinos de pulsion y más allá del principio de placer”	Prof.: Lic. Marta Kreiselman de Mosner Colab.: Lic. Graciela E. Jolodenco Zielcovich de Meyrialle Lic. Karina Antonieta Matticoli	Wednesday 9:00 – 10:30

„Sueños, juego, transferencia: la escena onírica en la teoría y en la clínica“	Prof.: Dr. Gustavo Mario Jarast Colab.: Dra. María Susana Pedernera Lic. Juan Pinetta Prof. Inv: Lic. María Cristina Griffa	Wednesday 11:00 – 12:30
„Formación del analista en observación de bebés Método Bick. Aplicación clínica en bebés, niños pequeños, adolescentes, adultos, familias, grupos“	Prof.: Lic. María Josefina Saiz de Finzi Colab.: Lic. Susana Liliana Awiron Mag. María Lucila Gamarra de Tate	Wednesday 13:00 – 14:30
“Sobre el narcisismo en Freud”	Prof.: Dr. Luis Alberto Lencioni	Thursday 17:00 – 18:30
“Los afectos, su diferenciación en la clínica y en la teoría. Dolor mental, tristeza, culpa, omnipotencia, triunfo, celos, ira, angustia, vergüenza, humillación...”	Prof.: Dr. Ricardo Daniel Spector Colab.: Lic. Eugenia Salas Lic. Perla M. Volpin Prof. Inv.: Lic. Andrea Ferrati	Friday 09:00 – 10:30
“Acerca de la sexualidad femenina. Desde Freud, 1933, han pasado muchas cosas en la medicina y el psicoanálisis. Cuál es nuestro punto de vista en el año 2024?”	Prof.: Dra. Sara Zusman de Arbiser Colab.: Dr. Kamran Alipanahi	Friday 11:00 – 12:30
“El malestar en la cultura”.	Prof.: Dr. Roberto Julio Rusconi Colab.: Lic. Hernán Daniel Hasperué Lic. Malena Young Prof. Inv.: Dra. María Gabriela Godstein	Friday 13:00 – 14:30

Reason why I chose to do an FI-VCP at APA

The Asociación Psicoanalítica Argentina (APA) is possibly the historically most important Psychoanalytical Association in Argentina. During the XXth century, many Europeans, including many Psychoanalysts, had to emigrate because of the wars and hardships that Europe was facing at the time. Some of these Psychoanalysts emigrated to Argentina after having trained in Europe and founded the Argentinean Psychoanalytical Association. When APA was founded in the 1940s, a tradition of high-level Psychoanalytical studies, research and clinical work started in Argentina that still flourishes to this day. APA was home to great Psychoanalysts that still influence our and my own work, like Marie Langer, Enrique Pichón Riviere, León Grinberg and many others. I chose APA because of the chance to learn more

about this rich tradition, about Argentinean Psychoanalysts and to enrichen and expand my theoretical and clinical knowledge.

Furthermore, even though I have been living and studying in Germany since I was 18, I was born and raised in Buenos Aires. The possibility to have a “bridge” between my current home in Germany and my home country, Argentina, was one of the main reasons why I decided to do an IPA training. The possibility to engage in psychoanalytical activities in my mother tongue and in my own culture and city, and to bring back these experiences to the place where I train and work, Germany, deeply helps me to build and develop my psychoanalytical identity. I am deeply thankful to IPSO and IPA for making this possible!

My experience at APA comparing to my home Association (DPV).

APA follows the a very similar training model as my home Institute and Association, with the three columns of training: Theory, training analysis and supervised clinical work.

Requirements to complete the IPA training at APA are as follow: High frequency analysis during the whole duration of training, two supervised high-frequency analytical treatments during at least two years, handing in 2 reports about the treatments each year. 26 Theory Seminars Redacting a report about a theoretical subject in the context of one of the seminars, and redacting a shorter report about the development of one theoretical concept through the history of psychoanalysis, also in the context of one seminar. Three admission interviews are necessary to be admitted to the Institute.

In the German Psychoanalytical Association (DPV), requirements are as follow: Two supervised cases with a frequency of 4 sessions per week, at least 300 sessions each. A Supervision session must take place every four analytical sessions. Teaching analysis of a frequency of 4 sessions per week, accompanying the whole duration of training. Theory seminars. An exhaustive final report of one of the supervised cases, to be presented and defended first at the candidate’s home Institute and then at the Symposium of the German-wide German Analytical Association (DPV). Three admission interviews are necessary to be admitted to the Institute.

Regarding the theoretical orientation, both APA and DPV are open to diverse theoretical views, so that many analytical orientations are represented. In both Institutes it is possible to choose

the Seminars according to own interests, choosing within different thematic fields, having to complete a certain amount of seminars within each field. In both institutes it seems important to offer freedom of getting to know different theoretical orientations to develop your own position. In both associations, the most frequently represented focus seems to be the study of Freudian work and the study of the following generations from the “English school” (“Escuela Inglesa”), like Bion, Winnicott, Klein, Anna Freud. At APA I find that the study of theoretical works is very detailed and thorough, which is very enriching. Often, a particular article, mostly from Freud, is chosen, read in advance and then analyzed thoroughly, in some cases even line by line, by the lecturer and the group. At my home Institute we also read the article in advance but the discussion is less about thoroughly going through the original text, the discussion is open to free interventions from the group, which often include discussion of own clinical experience related to the text. Both methods are very enriching. I find the method at APA very enriching to study the original literature really thoroughly and get to know it and discuss it in the greatest detail. The method at my home Institute is also enriching because the free discussion leaves much room for association with other works or with clinical experience.

The atmosphere amongst the candidates at APA was very friendly and they welcomed me very openly and with curiosity and appreciation, which is very in line with the very welcoming Argentinean culture. The candidates are organized in a group called “Claustro”, which is the Candidate Organization, with different representatives for different topics. I was impressed by the size of the Claustro, which seemed bigger than in Germany, with more activities and more representatives. The Claustro organizes weekly meetings, lectures and social activities for the Candidates. Also, it publishes a yearly magazine with articles written by the candidates called “moción”. I find this very enriching as an opportunity to start gaining experience with Psychoanalytical writing, and we don’t have this kind of publication in Germany, which I think would be an interesting enhancement for our training.

Summary of my experience

The experience at APA was a very enriching one. First I had the chance to get to know the library of APA. It is a very renown, very impressive and very big psychoanalytical library. I would recommend anyone who has the chance to go and visit the library. The librarian took a lot of

time to show me how the library works, so that I can order articles from abroad, and also to show me the historical jewels that are guarded in the library, like original copies of the “Internationale Zeitschrift für Ärztliche Psychoanalyse” and “Imago” (“Zeitschrift für Anwendung der Psychoanalyse auf die Geisteswissenschaften”), both edited by Sigmund Freud, and also original copies of the “Minutes of the Vienna Psychoanalytical Society” in English and in Spanish.

Then I had the chance to have two clinical supervisions, with Dra. María Elena Moreno and Dr. Adrián Grinson. The supervisions were very helpful and enriching. I found the style of supervision very similar to the style I know from Germany. Both supervisors were very welcoming and supporting and offered me very helpful ideas to understand my patients and my treatments more deeply. They both also recommended me helpful literature to follow up.

The seminars offered me insight in different teaching styles. Some of the lecturers were more frontal, providing background and context to the literature studied and other seminars were more focused on group discussion and experiences. All in all, the teaching and learning atmosphere was open and friendly. The quality of the seminars was very high in the most cases, with a lot of regard for getting to know the theoretical works deeply. I think that the teaching style in Argentina seemed somewhat more frontal than in Germany, but in both cases, lecturers are very interested in discussing with candidates and to discuss both theoretical and clinical work. All the supervisors and lecturers welcomed me very openly and warmly and were very interested in hearing about training in Germany and about the VCP program of IPSO. I was happy to share the information with other candidates, hoping that they might also have the chance to participate in this enriching experience, especially since the socioeconomical situation of Argentina makes travelling very hard for Argentineans at the moment, so that I tried to inform them about the FI-VCP as well.

I am very thankful to IPSO and to APA for this experience, which was so enriching in a personal and professional level and I hope that many more candidates have the chance to do it. I have participated in IPSO programs since the beginning of my training, since I find that IPSO is a great opportunity to make the most of the international connections provided by IPA, even during training. For me, the IPA is the main reason why I chose the DPV as my training Association, since it offers me a bridge between my home country, Argentina, and the country

in which I have been studying and living for 20 years (Germany). Also, it provided me with opportunities to travel to congresses and activities in other countries like France and Spain and to get to know wonderful colleagues from around the world. I think that the opportunity to connect with each other is more important than ever, now that the international community is facing so many challenges, with inequality and hardships and even armed conflicts rising year by year. I think that IPSO provides us with a wonderful chance to make valuable experiences with each other and build relationships that will help us to expand our view of the world and of our profession. In the current times, I think that it is very important that we as analysts have a deep understanding of the diversity of living conditions and realities of life across different countries, regions and cultures and I am so thankful to IPSO for providing these opportunities. I can only recommend every candidate to take the chance of getting to know other societies, other cultures and other countries because I feel that it deeply enriches us, both personally and professionally.

The FI-VCP fully fulfilled my expectations and I am very grateful for this experience. I hope I can visit APA again!

Patricia Pérez Prat

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8th April 2024