

Hello everyone,

my name is María de la Luz Cárdenas Mijangos, and I am the IPSO representative of the German Psychoanalytical Society (DPG). Although I am originally from Mexico, I completed my university studies and now live and work in Berlin, Germany, where I am also undergoing psychoanalytic training. Living in a country that is so different from my own has led me to reflect a lot on the differences and similarities between cultures.

My interest in IPSO began after attending my first event in Europe, where I was struck by the incredible diversity and innovation of psychoanalytic societies across the continent. I understood the importance of building bridges that unite us, without denying or erasing our differences. I subsequently signed up for a CRSG and attended several IPA congresses, all with the goal of sharing knowledge and building relationships. That is how I started to think of ways to bring my experiences and the things I have learned back to my own institute in Berlin, such as planning a visit by an Argentinean supervisor for this October.

This is why I am very interested in being part of the IPSO executive committee, specifically as **Treasurer elect**, so that more candidates can benefit from what IPSO has to offer. I believe in promoting transparency and accountability within IPSO. By increasing transparency, we can foster a culture of trust and respect within our community and encourage new initiatives to flourish. I believe that a fixed budget for each project or area can help avoid discretionality and promote fairness, while also making spending more efficient.

Furthermore, I understand the challenges that some regions, particularly Latin America, face when it comes to payments in their own currency. This is a significant obstacle that needs to be addressed so that everyone has equal access to IPSO events and opportunities.

I am deeply committed to promoting collaboration and transparency within IPSO, and I believe that by working together, we can achieve our collective goals and make a meaningful impact on the field of psychoanalysis. As someone who is currently undergoing psychoanalytic training, I understand firsthand the importance of building relationships and sharing knowledge.

Thank you for considering my candidacy for the IPSO Executive Committee. Please feel free to contact me at [luz.cardenasmi@gmail.com](mailto:luz.cardenasmi@gmail.com) if you have any questions or concerns.