

Analysis has been good to me. Where else in life can one endeavor to freely wander, delight in our discoveries, and learn the art of using what we find? I feel deeply grateful to have found such a practice so early in life. We all carry our own idiosyncratic conception and relationship to analysis, of course, but despite any differences we may find, I'd like to think a faith in the power of what we do can unite us. At such a dramatically and universally tumultuous time, with so many "attacks on linking" in everyday life, strengthening our connections is no trivial task.

The international psychoanalytic community was my entry point into psychoanalysis, having followed my curiosity to Buenos Aires in 2017 for the 50th IPA Congress, I arrived only with questions, excitement, and an open mind. After several days of analytic ideas, tango music, Iguazú Falls, and budding friendships, I returned to the Washington, DC area with the frenetic Congress energy still in tow. This energy blossomed into my formal psychoanalytic studies, which began with several local psychoanalytic fellowships that spanned the variety of analytic cultures and orientations and, ultimately, led to psychoanalytic training.

Several years, cities, and Congresses later, my curiosity hasn't stopped, and took me to London in 2019, and to my computer screen (in lieu of Vancouver) in 2021, where I had the privilege of chairing a session and presenting a paper alongside the regional IPSO Representatives to COWAP, the IPA Committee on Women and Psychoanalysis. As the North American IPSO Representative to COWAP, I have had the opportunity to gain insight into the rich history of COWAP, and to deepen my understanding of the myriad ways our psychoanalytic backgrounds vary across institutes and cultures.

Having interfaced with the analytic community on local, regional, national, and international levels since my analytic journey began in 2017, my perspective is fed by many people, places, and ideas, and my lens into psychoanalysis is undoubtedly shaped by the array of leadership experiences I have pursued over the past several years. Most recently, I became Chair of my IPSO Cross-Regional Study Group, an experience that has already left me frequently reflecting upon the uncanny nature of the unconscious, with deeply meaningful personal exchanges, and with the unique space to think that only a group composed across cultures can provide. I have been an IPSO member since the start of my analytic studies in 2019, and have been serving as

the IPSO Representative for my institute, the Contemporary Freudian Society, Washington, DC since the summer of 2022.

In addition to my local involvements, such as serving as the Candidate Representative for my institute's Candidate Organization since the summer of 2022 and on the Recruitment Committee for my institute since 2019, I have been actively involved at the national level as a Director on the CIPS Board (Confederation of Independent Psychoanalytic Studies). Among the contributions made during my time on the CIPS Board, I compiled the data and wrote the report with a colleague summarizing our society and institute's experiences working towards the pandemic. This report was submitted to the IPA Task Force on Remote Analysis.

I was a past Vice President of the Greater Washington Society for Clinical Social Work, and past President of a music sorority during my undergraduate studies at The University of Maryland, College Park. Over the years, I have found myself consistently engaging through leadership roles with the groups that I hold dear.

Cross-cultural experiences have long been important to me, even prior to the start of my analytic pursuits. During my time at the University of Pennsylvania, while earning my Master of Social Work, I interned at an NGO in Kolkata, India, and studied at the University of Lapland, learning about the innovative social programming of Finland. Prior to becoming a therapist, I spent two years teaching English in French public high schools.

In the role of President of IPSO, it would be my priority to encourage analysts-in-training to engage in IPSO's opportunities as much as possible. Throughout my experiences in IPSO thus far, I have been amazed by the energy, creativity, and diversity that I have witnessed, and for this reason, I would be quite honored to serve as IPSO President. There are always more places to go, people to see, and in psychoanalysis, thinking to do...

